

The Fort Jackson Leader

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www.fortjacksonleader.com

Hitting the books

Army offers GED to recruits who don't have diplomas

John Harlow, TRADOC News Service
Chris Rasmussen, Leader Staff

Today the Army opens the door to a new opportunity for young men and women who fall short on the education needed to join the Army as the Army Preparatory School at Fort Jackson accepts students.

The four-week course is an Army pilot program to help young men and women who want to enlist in the Army to obtain their General Educational Development (GED) certificate. It will be open only to applicants who score in the top 50 percentile on the Armed Services Vocational Aptitude Battery (ASVAB) and those who aren't eligible to return to high school.

"This program is meant to give people an opportunity," said Gen. William S. Wallace, commanding general of U.S. Army Training and Doctrine Command. "This is an opportunity they can't get elsewhere and an opportunity to serve in the Army."

The prep school will also help future Soldiers prepare for the rigors of Basic Combat Training with physical fitness training and discipline. Once fully operational, it could accommodate upward of 60 new students each week.

Currently two Soldiers are attending class at the prep school, and the next class is expected to have 37 students when it starts, Monday.

"This is an attempt on the Army's part to get at the educational deficit that could be out there for young people who made a choice early in life to drop out of high school," Wallace said. "They now recognize the value of education and the Army is able to provide them that education."

The students are enlisted in the Army when they arrive at the Army Prep School, but according to the general there is an off-ramp.

"If they don't meet our physical standards or educational standards successfully, they go back to their hometown with no prejudices," Wallace said. "We're confident that we can capture their imagination and give them the quality of education. The drop out rate will be very small."

Soldiers enter the Army Prep School immediately after leaving the 120th Adjutant General

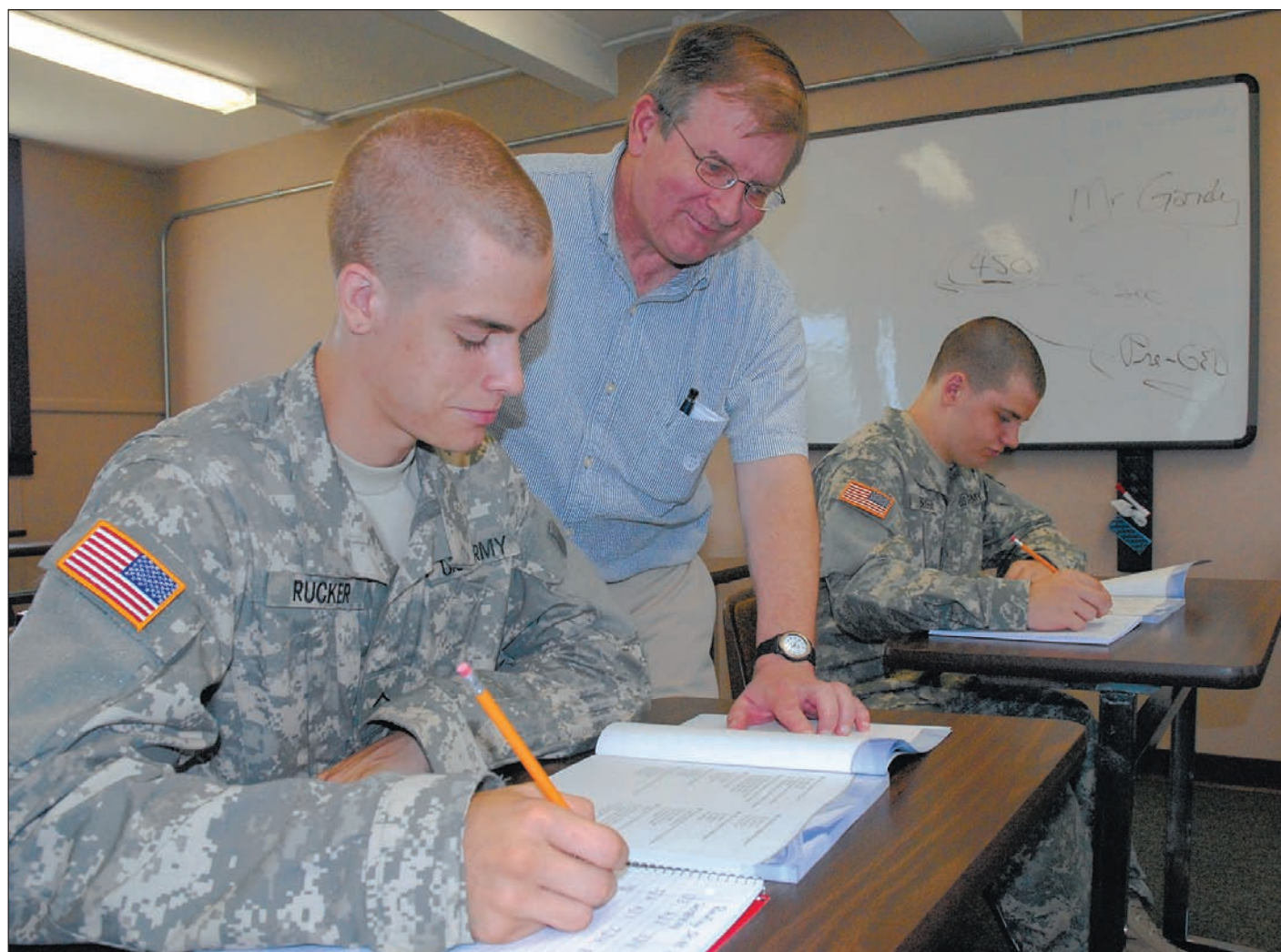


Photo by Chris Rasmussen

Army Prep School instructor Tom Gandy goes over coursework with Pvt. Kyle Rucker, who quit high school when his father passed away, but was able to enter the Army thanks to a new program that provides Soldiers their GED before shipping to Basic Combat Training.

Battalion (Reception). Upon completion of the course, students will then be shipped to their BCT battalions.

"They are Soldiers from the day they walk in and arrive at the reception station for in-processing," said Col. Kevin Shwedo, Fort Jackson deputy commanding officer. "They will be embraced by the cadre at the Army Prep School

where they will immediately begin testing in their classes. They will go through standard physical training, are subject to UCMJ (Uniform Code of Military Justice), will learn customs and traditions, but their focus will be to get their education."

Pvt. Kyle Rucker, the school's first student, decided to quit high school when his father

passed away so he could help provide an income for his family. Desperately wanting to join the Army, Rucker was unable to because he did not have a GED.

"I am so thankful this program came around," Rucker said. "If it hadn't, I would still

See Prep Page 4

Ask the Garrison Commander

Adding to OMPF files; All Army basketball team



Col. Dixon

Q How can I add documents to my Official Military Personnel File?

A To add new documents to your OMPF, you may bring the documents to the Directorate of Human Resources, 5450 Strom Thurmond Blvd., Room 200.

A technician will transmit your documents to the Soldier Record Data Center via iPERMS Web upload. Once transmitted, your documents should appear on your OMPF within 24 hours of receipt. Review your OMPF often to ensure your personal information is always current and accurate.

Q I checked my OMPF file and some of my documents disappeared, why did that happen?

A Your documents list appears with the most recent documents of various types. To retrieve documents, click the “+” symbol in the front of the document to view the older list of documents for the particular document type you are looking for. The list must be closed by clicking the “-” in front of the most recent document.

Q I am a Soldier stationed at Fort Jackson and I would like to apply for the All Army basketball team. Can you tell me how to apply?

A The All Army Sports Program offers Soldier-athletes the opportunity to participate in more than 20 sports at an Armed Forces or higher level of competition. Interested participants can visit the Army MWR Web site at www.armymwr.com, select the criteria for selection.

The DA Sports Office has implemented a new online application process for applying to the All Army Sports

Program. The new All Army application process is a Web-based information system that allows any Soldier with Internet access to apply for any All Army sport on-line. Soldiers should visit <https://armysports.cfsc.army.mil> for a direct link to the All Army application process. This link will also give you detailed information about the program, the year’s calendar, selection criteria and points of contact at the DA Sports Office.

Garrison Fact of the Week

The Auto Craft Shop is an excellent way to save money by learning how to change your own oil and fluids with staff available to answer all questions. For more information, call 751-5755.

To submit questions to “Ask the Garrison Commander,” call 751-5442, or e-mail Scott.Nahrwold@conus.army.mil.

The ties that bind are created at home, in the Army

COMMENTARY

Carrie David Ford
Editor

On a recent visit back home in Alabama, I visited my maternal great uncle who is now living in a nursing home. Uncle Bill is dying, and I knew when I said goodbye that it was likely the last time I would say goodbye to him.

The unfairness of the fact that in many ways I didn’t even know this man, but that I should, struck me as I was leaving. He’s part of my family. I should know things about him. Unfortunately, it took me a long time to even understand that family is important.

I must admit that growing up, I was quite clueless to what family really meant. I had no first cousins because I had no aunts or uncles. I had my mother and father, two half sisters, three grandmothers and one grandfather. I had more than a

dozen great aunts and uncles on my mother’s side, and even met a few of them when I was a child, but I never got to spend much time with them. On my father’s side, I couldn’t name anyone, even though I know that I do have more family.

I was well into middle childhood before I grasped what, other than my parents, everyone’s relationship to me was. It took me so long because I saw them so seldom.

See, I was an Army brat, and we didn’t settle down in one place until I was 15, at which point I was inundated with all of these great aunts and uncles, their children and their children’s children. I remember wondering who all of these people were, and why I had to spend so much time with them when we were essentially strangers. My mother would tell me, “Because they are your family.”

Many people might find it odd for someone to be a teenager and not under-



Carrie David Ford

stand the concept of “family” or even be able to identify who their family members are. But I didn’t. These were strangers.

When I was saying goodbye to Uncle Bill, he told me, “Do not ever forget where you come from.”

I promised him I wouldn’t, but how can I keep this promise when I only now have a vague idea of where that is. And worse, most of my great aunts and uncles have passed away and there are few family members left to ask.

Knowing where you come from and knowing those people who are your family are so important — particularly for Army brats. The roots that an Army family plants at each new duty station are fragile because another move looms around the corner. Family, however, is always there and the roots run deep. Because of family, an Army brat always has a home.

Here in the Army, we often talk of the

“Army family,” but what does it mean and how does it compare to the family that we grow up with and our extended relatives?

The Army family includes those wonderful people who help you settle into a new duty station — whether you’re the parent or the child. They are the people who offer a hand when one is needed and help you become the person you can be. I still keep in touch with a handful of my childhood friends, the friends I made when I was an Army brat.

Those ties, just as with blood family, don’t break very easily. It’s a special bond that lives long after the need is gone.

Now that I’m older, I have a deeper understanding of what family means.

Family are those people, whether by blood or by circumstance, who love you and stand by you and help you to become a better person. I now know that I was and am so blessed with both the Army family I had growing up and the blood family that I got to know later in life.

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fjleader@conus.army.mil.

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NEWS

Housing changes hands

Chris Rasmussen
Leader Staff

Family housing residents were treated to a party Tuesday and a glimpse of what's to come as Balfour Beatty celebrated the official handoff of all housing operations Friday.

Balfour Beatty will be responsible for development, construction, maintenance and management of family housing on Fort Jackson.

Initial plans call for the construction of 610 homes and the renovation of 293 existing homes. About 800 homes will be demolished to make room for new homes.

"I was rather skeptical at first about Balfour Beatty," said Staff Sgt. Theodore Savercool, an instructor with the 369th Adjutant General Battalion. "But from what I've seen so far, I am totally impressed."

Balfour Beatty began an intense landscaping project Friday, which will last through September. Work will include the cutting of all lawns that are not fenced in, shrubbery trimming, tree trimming and more. Residents are asked to keep these areas free from all objects, such as toys and yard items.

"It is so wonderful to have this yard work done for us," said Henrietta Rodriguez, a family housing resident. "I am already noticing a difference, and they just started."

Savercool said that in addition to the beautification project, he is impressed with the responsiveness of Balfour Beatty employees.

"They have been highly visible. If



Photo by Chris Rasmussen

Emma Watson, RCI director, hands out free school supplies Friday during the Balfour Beatty Communities Block Party, which was held to mark Balfour Beatty's official takeover of Fort Jackson Family housing.

you are going on vacation, you can tell them, and they will watch your house," he said. "They didn't do that before Balfour Beatty came in."

Samantha Robinson, a family housing resident, said she was happy Balfour Beatty held the block party so residents and the new staff could see each other face-to-face.

"It's always much easier to come to someone with a problem when you have already met and spoken with them in a friendly atmosphere," she said.

The block party included free school supplies to on-post family housing residents, food, drinks,

games and prizes, as well as a preview of the renovation and construction plans for new homes and community amenities.

RCI will improve, in a relatively short period of time, the quality of life for Soldiers and families assigned to Fort Jackson, said Emma Watson, RCI director. The plan also calls for new community centers as well as other facilities and amenities to meet family housing needs.

The first phase of the project is Pierce Terrace 2, 3 and 6. Demolition of the first home is expected to take place in September.

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Displaying leadership



Photo by Ashley Henry

Lt. Gen. Benjamin C. Freakley, left, U.S. Army Accessions Command commanding general, presents Capt. Chunka A. Smith, Company F, 1st Battalion, 13th Infantry Regiment commander, with the 2008 USAAC Leadership Legacy Award Tuesday. The award is presented annually to three individuals (an officer, a noncommissioned officer and a DA civilian) who demonstrate selfless service, dedication to duty, uncompromising loyalty to country and exemplary leadership. Smith was chosen from more than 20 other nominees for the award, which was presented to him in front of his entire Co. F.

Citizen warriors honored for sacrifices made in GWOT

Mike A. Glasch
Leader Staff

Twenty-four of the Midland's warrior citizens were recognized Saturday for their effort in the War on Terror during a Welcome Home Warrior Citizen Ceremony at the 81st Regional Support Command (RSC) Spc. Thomas D. Caughman U.S. Army Reserve Center.

The Soldiers represented service in Operation Noble Eagle, Operation Iraqi Freedom and Operation Enduring Freedom, retroactive to Sept. 11, 2001. The ceremony honored the service of Soldiers, along with their families and employers, who were mobilized, serving both stateside and overseas, in support of the Global War on Terror.

Sgt. Luisa Walker, U.S. Army Reserve Readiness Command has been mobilized twice. In 2003, she deployed with the 21st Military Police Company to Afghanistan. She was mobilized again in August 2007 and is currently serving stateside.

"Not a lot of reservists get formally recognized," Walker said. "It's good for them to see that people back home are still supporting them."

Not all Reserve Soldiers who are mobilized end up deploying overseas. 1st Sgt. James Drayton, 81st RSC, was mobilized with what was then the 5th Brigade, 87th Division (Training Support). From January 2003 through Octo-

ber 2005, he helped train Soldiers who were headed to Iraq and Afghanistan.

"(Ceremonies like this) are a great feeling. All Soldiers should be recognized for the time they spent away from their families," he said.

His wife Sylvia agrees.

"I think it is very important. It takes a lot to be a warrior citizen," she said. "Whether (they served) CONUS or OCONUS, it's important for all Soldiers to be recognized because of the sacrifice they and their families endured."

The Soldiers from the 81st RSC who were honored Saturday are: Col. Chance Kaplan, Maj. Kenneth Crowe, Maj. Thomas Lemoine, Capt. Bryan Doker, 1st Sgt. James Drayton and Sgt. 1st Class Willette Roberts.

Soldiers from the U.S. Army Reserve Command who were recognized Saturday were: Col. Ronald Johnson, Lt. Col. Paul Young, Lt. Col. Keri Hester, Lt. Col. Martin Nees, Maj. Mary Hurst, 1st Lt. Fay Younger, 1st Lt. Steve Trice, Retired Chief Warrant Officer 5 David McClain, Command Sgt. Maj. David Belcher, Master Sgt. Lisa Galloway, Sgt. 1st Class Robert Rayborn Jr., Retired Sgt. 1st Class Jeri Carter, Sgt. 1st Class Belinda Barron, Sgt. 1st Class Leon Hunt Jr., Staff Sgt. Tiekka Jones, Staff Sgt. Duane Herbert, Sgt. Luisa Walker and Spc. Jeannie Davis.

The Soldiers' families and employees were also given



Photo by Mike A. Glasch

Twenty-four U.S. Army Reserve Soldiers, their families and employers, were honored during a Welcome Home Warrior Citizen Ceremony at the 81st Regional Support Command (RSC) Spc. Thomas D. Caughman U.S. Army Reserve Center Saturday.

tokens of appreciation.

Signed into law by President Bush in December 2004, the "Welcome Home Warrior Citizen Award Program" ensures that Reserve Soldiers receive tangible recognition for their combat and non-combat service.

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Around Post

AER Commander’s Referral Training

An AER Commander’s Referral Training will be 9-10:30 a.m., Thursday at the Education Center, Room B-302. For more information, call 751-4862/6325.

Sponsorship Training

There will be a Sponsorship Training 1-2 p.m., Aug. 14 at the Strom Thurmond Building, Room 213. For more information, call 751-4862/6325.

DOIM Closure

The Directorate of Information Management will be closed Aug. 15 for organization day. For assistance, call 413-7981.

Minimal MACH Staffing

Areas of Moncrief Army Community Hospital will be at minimal staffing beginning at 11 a.m., Aug. 15 to allow employees and their families to participate in the annual organization day. For more information, call 751-2160.

369th AG Bn. Change of Command

The 369th Adjutant Battalion will have a Change of Command ceremony at 8 a.m., Aug. 18 at Darby Field. Col. Richard Teolis will relinquish command to Lt. Col. David Wood. In case of inclement weather, the ceremony will be in the MG Robert B. Solomon Center.



At your service

hours and phone numbers for key post facilities

All South Federal Credit Union, 782-9830 — 9 a.m. to 5 p.m., Monday-Thursday; 9 a.m. to 6 p.m., Friday.
American Red Cross, 751-4329/5923 — 8 a.m. to 4:30 p.m., Monday-Friday
Andy’s Fitness Center, 751-4177 — 5 a.m. to 9 p.m., Monday-Friday; 8 a.m. to 6 p.m., Saturday; 10 a.m. to 4 p.m., Sunday; call for opening time on training and federal holidays
Army Career Alumni Program, 751-4109/4104 — 7:30 a.m. to 4:15 p.m., Monday-Friday
Army Community Service, 751-5256 — 8 a.m. to 4:30 p.m., Monday-Friday
Army Continuing Education Services, 751-5341 — 7:30 a.m. to 4:30 p.m., Monday-Friday
Bowling, Century Lanes, 751-6138 — closed Monday, 11:30 a.m. to 10 p.m., Tuesday-Thursday; 11:30 a.m. to 11 p.m., Friday; 1 p.m. to midnight, Saturday; 2-10 p.m., Sunday; Ivy Lanes, 751-4759
Car Care Center, 782-1639 — 8 a.m. to 5 p.m., Monday-Friday
Chaplain Museum, 751-8827/8079 — 9 a.m. to 4 p.m., Monday-Friday.
Child and Youth Services, 751-4865 — 7:30 a.m. to 4:30 p.m., Monday, Wednesday and Friday; 7:30 a.m. to 6 p.m., Tuesday, Thursday
Civilian Personnel Advisory Center, 751-3219 — 8 a.m. to 4 p.m., Monday-Friday
Class VI, 782-1601 — 9 a.m. to 7 p.m., Monday-Friday; 9 a.m. to 8 p.m., Saturday; 10 a.m. to 7 p.m., Sunday
Coleman Gym, 751-5896 — 5:30 a.m. to 9 p.m., Monday-Friday; 6 a.m. to 2 p.m., weekends, training holidays and holidays except Christmas and New Year’s Day
Commissary, 751-5789 — 11 a.m. to 6 p.m., Sunday; 9 a.m. to 8 p.m., Tuesday and Saturday; 10 a.m. to 8 p.m., Wednesday-Friday
Department of the Army Photos (TSC), 751-7593 — 8-11 a.m. and 1-3 p.m., Monday-Thursday
Defense Military Pay Office, 751-6669 (*Soldiers*), 751-4914 (*Civilian*) — 8-11:30 a.m. and 12:30-4 p.m., Monday-Friday
Dental Clinics, 751-5178/6017 — 7:15 a.m. to 4:15 p.m., Monday-Friday
Family Health Center, 751-2273 — 7:20 a.m. to 8 p.m., Monday-Friday; 8 a.m. to 4 p.m., training holidays
Florist, 738-1812 — 9 a.m. to 5:30 p.m., Monday-Friday
Furniture Store, 787-9175 — 9 a.m. to 6 p.m., Monday-Friday; 10 a.m. to 5 p.m., Saturday; 11 a.m. to 5 p.m., Sunday
Hospital Retail Annex, 782-1263 — 7 a.m. to 4 p.m., Monday-Friday
ID Section, 751-7731 — 8 a.m. to 4 p.m., Monday-Friday
Legal Assistance and Claims, 751-4287/3603 — 9 a.m. to 4

p.m., Monday-Friday
LCI-SSSC, 790-5306 — 8 a.m. to 4 p.m., Monday-Friday
Main Outpatient Pharmacy, 751-2259 — 7:30 a.m. to 5 p.m., Monday-Friday
Military Clothing Sales Store, 787-5248 — 9 a.m. to 6 p.m., Monday-Friday; 10 a.m. to 5 p.m., Saturday; 11 a.m. to 5 p.m., Sunday
NCO Club, 782-2218 — Regular hours are 7 a.m. to 3:30 p.m., Monday-Friday and 8 p.m. to 2 a.m., Saturday. The NCO Club is open later for entertainment and special events; call for details and times
Officers’ Club, 751-4906 — 8:30 a.m. to 4:30 p.m., Monday-Friday (open to nonmembers); 11 a.m. to 2 p.m., Sunday brunch (members)
Palmetto Falls Water Park, 751-3381 — closed Monday; 11 a.m. to 7 p.m., Tuesday-Saturday; 1-7 p.m., Sunday
Perez Fitness Center, 751-6258 — 5:30 a.m. to 9 p.m., Monday-Friday; 10 a.m. to 6 p.m., weekends and training holidays
Pools, Knight, 751-4796 — 6 a.m. to 2 p.m. Monday-Friday; closed Saturday and Sunday; Legion — noon to 7 p.m., Monday-Friday; closed Saturday and Sunday
Post Exchange, 787-1950/1951/1952 — 9 a.m. to 9 p.m., Monday-Saturday; 10 a.m. to 7 p.m., Sunday
Post Office, 782-8709 — 8:30 a.m. to 5 p.m., Monday-Friday
Recycling Center, 751-4208 — 7 a.m. to 3 p.m., Monday-Friday; Open 24 hours for drop-off
Refill Annex (PX mall), 751-2250 — 9 a.m. to 6 p.m., Monday-Friday
Reuse Center, 751-5121 — 10 a.m. to 2 p.m., Monday-Friday
Safety Office, 751-6004 — 7:30 a.m. to 4:30 p.m., Monday-Friday
Shoppettes — Lee Road, 782-0590 — 7 a.m. to 8 p.m., Monday-Friday; 8 a.m. to 8 p.m., Saturday and Sunday; Gate 1, 782-2076 — 7 a.m. to 9 p.m., Monday-Friday; 8 a.m. to 9 p.m., Saturday and Sunday; Gate 2, 790-4478 — 24 hours a day
SSI Retail Annex, 738-9189 — 8 a.m. to 2:30 p.m., Monday-Friday
Theater, 751-7488 — various times, Friday-Sunday
Thrift Shop, 787-2153 — 9 a.m. to 2:30 p.m., Tuesday; 9 a.m. to 5:30 p.m., Thursday; 9 a.m. to 2:30 p.m., first Saturday of the month
Vanguard Gym, 751-4384
Vehicle Registration, 751-5887 — 8 a.m. to 4 p.m., Monday-Friday
Veterinary Clinic, 751-7160 — 8 a.m. to 4 p.m., Monday-Friday

Anything we missed? E-mail us at fjleader@conus.army.mil. This information will be published the first issue of each month in *The Fort Jackson Leader*.

Prep (continued from Page 1)

be working a dead-end job.”

The prep school commander, Capt. Brian Gaddis, said this new program is designed for people like Rucker, who will ship out to Fort Sill, Okla., in early September for BCT.

“Pvt. Rucker went to three recruiters looking for ways to get in the Army,” he said. “Lucky for him, the Army started this APS program.”

The APS will help provide the Army with dedicated young men and women who until now were unable to serve their country, Gaddis said.

“Because of education requirements, there are high-quality, motivated citizens who can’t join,” he said. “The APS gives them an opportunity to serve their country.”

Pvt. Zack Briggs, 17, who is the course’s second student, said APS has given him an opportunity to fulfill a life-long dream.

“I have always wanted to join the Army and help the country,” he said. “I like this course because I would rather get into the Army life rather than waiting around until I got my GED on my own.”

The Army will evaluate the prep school throughout the first year and, if results are favorable, the program could expand at Fort Jackson or be opened at the other three basic training installations at Fort Benning, Ga.; Fort Sill; and Fort Leonard Wood, Mo. TRADOC is also working with the South Carolina Department of Education to explore the possibilities of the state granting students an actual high school diploma.

Wallace believes that the health and fitness of America’s youth is rapidly becoming a national security issue.

“Today only 28 percent of the 17- to 24-year-old population qualifies to wear a military uniform. The other 72 percent fail to meet minimum standards on education, character and health,” Wallace said. “We will not lower our training standards so we’re faced with helping to raise the health and education standards for our young people who want to serve.”

When the APS reaches full capacity, the school will educate 240 recruits at a time in core academic subjects during the course of four weeks, which may be expanded to 10 weeks. It is expected to yield nearly 3,000 graduates in its first year, who upon completion, will continue directly to BCT and Advanced Individual Training.

360th Civil Affairs Brigade
welcomes new commander



Photo by Ashley Henry

Col. William B. Mason III, 360th Civil Affairs Brigade (Airborne) incoming commander, left, accepts the brigade's colors from Brig. Gen. James D. Owens, 352nd Civil Affairs Command, during a Change of Command ceremony Saturday at the Fort Jackson Officers' Club. Mason assumed command from Col. Hugh C. Van Roosen, whose next assignment is as a resident student at the U.S. Army War College.

Soldiers' guide
to easy inprocessing

Susanne Kappler
Leader Staff

Between 1,200 and 1,300 permanent-party Soldiers are newly assigned to Fort Jackson each year. Before they begin to serve in their units they have to in-process. The following is an overview of how the process works:

Q Where do Soldiers go to sign in and to in-process on Fort Jackson?

A Soldiers can sign in and in-process at the Strom Thurmond Building, Room 200. The Strom Thurmond Building is located at the corner of Jackson Boulevard and Strom Thurmond Boulevard.

Soldiers with prior service who re-enter the Army in-process with the 120th Adjutant General Battalion (Reception), located on Washington Road.

Soldiers who arrive on Fort Jackson after duty hours can sign in at the Welcome Center, 4394 Strom Thurmond Blvd.

Soldiers must sign in by the day their leave ends. Early sign-in is possible.

Q What are the in-processing center's hours of operation?

A Soldiers can in-process weekdays from 7:30 a.m. to 5 p.m. It is not necessary to make an appointment.

Q What paperwork is required to in-process?

A Soldiers need to bring their leave form, their orders, their military personnel file and, if they were on temporary duty before coming to Fort Jackson, DA Form 1610.

Q What will be done during in-processing?

A After Soldiers sign in, their paperwork will be verified. Soldiers also update their Record of Emergency Data (DD Form 93) and their Service Members Group Life Insurance with all necessary changes. Soldiers coming to Fort Jackson who do not have a pinpoint assignment can get that during in-processing.

While Soldiers do not have to be in uniform to sign in, they must be in uniform for in-processing.

Q How long will it take to in-process?

A If a Soldier has all the required paperwork, the process should take 30-45 minutes.

Q What are the contact numbers for more information?

A The phone numbers for the in-processing center are 751-7674/4628/5436

Susanne.Kappler1@us.army.mil

August Promotions

<u>Name</u>	<u>Rank</u>	<u>Unit</u>
Daniel A Blaz	MAJ	MEDDAC
Armstead Deas	CPT	Co. D, 3rd Bn., 60th Inf. Reg.
Justin Fitch	CPT	Co. A, Training Support Bn.
Latonya James	CPT	Co. A, Training Support Bn.
Jerry Byrd	MSG	HQ/Co. A, 1st Bn., 61st Inf. Reg.
Nathan Miller	MSG	2nd Bn., 307th FA (TS) Reg.
Corry Shepherd	MSG	Drill Sergeant School
David Therrell	MSG	Co. F, 1st Bn., 13th Inf. Reg.
James Davis	SFC	Co. D, 369th AG Bn., SSI
Edward Gonzales	SFC	Co. D, 2nd Bn., 13th Inf. Reg.
Dwayne Guenther	SFC	MEDDAC
Nathaniel Hicks	SFC	MEDDAC
Bobby Holt	SFC	HHC, 1st Bn., 13th Inf. Reg.
Paul Huff	SFC	Co. C, 3rd Bn., 34th Inf. Reg.
Keith Isom	SFC	HHC, 187th Ord. Bn.
William Jackson	SFC	Co. A, Victory Support Bn.
Beverley Lionel	SFC	Co. D, 1st Bn., 34th Inf. Reg.
William Mansfield	SFC	Co. D, 3rd Bn., 60th Inf. Reg.
Robert McCollum	SFC	HHC, Training Support Bn.
Felix Medina-Robles	SFC	HHC, Training Support Bn.
Maurice Morton	SFC	Co.D, 3rd Bn., 60th Inf. Reg.

<u>Name</u>	<u>Rank</u>	<u>Unit</u>
Michael Perkins	SFC	Co.F, 3rd Bn., 60th Inf. Reg.
Margaret Ray	SFC	Co.B, 2nd Bn., 39th Inf. Reg.
Barry Savage	SFC	Drill Sergeant School
Yvonne Sims	SFC	Co. C, 120th AG Bn. (Reception)
Tracy Thomas	SFC	HQ/Co. A, 369th AG Bn.
Larry Thrash	SFC	Soldier Support Institute
Rashida Williams	SFC	Co. B, 1st Bn, 34th Inf. Reg.
Aaron Wolfgang	SFC	Co. C, 3rd Bn., 60th Inf. Reg.
Charlotte Wright-Robinson	SFC	Co. F, 3rd Bn. 34th Inf. Reg.
Joshua Billingsley	SSG	Co. C, 3rd Bn., 13th Inf. Reg.
Sundi Curry	SSG	120th AG Bn. (Reception)
Michael Ethridge	SSG	Co. A, 120th AG Bn. (Reception)
Kurt Henley	SSG	Co. A, 120th AG Bn. (Reception)
Andrew Roser	SSG	Co. C, Victory Support Bn.
Clint Stevenson	SSG	Co. B, 1st Bn., 34th Inf. Reg.
Michelle Ash	SGT	DENTAC
Charita Cox	SGT	Co. B, Victory Support Bn.
Alicia Manning	SGT	282nd Army Band
Jose Michel	SGT	MEDDAC
Carol Rivera	SGT	HQ/Co. A, 3rd Bn., 60th Inf. Reg.

NEWS

Athletic trainers reduce lost training time

Chris Rasmussen
Leader Staff

A two-year pilot program that paired certified athletic trainers with select Initial Entry Training battalions has now been expanded to include all Basic Combat Training and Advanced Individual Training battalions on Fort Jackson because of its success.

Since the introduction of the program in 2007, there has been positive leader response that athletic trainers are making a difference, said Teri LaSalle, Athletic Training coordinator.

“The athletic trainers are considered a value-added member at the battalion and are experts for injury prevention and treatment,” LaSalle said. “Data is still being analyzed, but we are confident that they are helping to decrease lost training time due to injuries.

The program, which was modeled after a Marine Corp program, is a partnership between the University of South Carolina and Fort Jackson. USC provides athletic trainers who join on with their assigned battalion. The contract for the program is two years.

In October, the program will be expanded to all IET battalions and the Warrior Training and Rehabilitation Program.

“We go everywhere the Soldiers go,” said Heather Brunett, athletic trainer for 3rd Battalion, 60th Infantry Regiment. “Whether it is in the field for Victory Forge or during their first days on the PT field.”

The athletic trainers, who work about 25 hours a week, attend physical training sessions, sick call and field-training exercises. They work hand-in-hand with drill sergeants to monitor Soldiers and possible injuries.

“These athletic trainers are filling a void that the current cadre structure can’t fill,” said Col. Brian Reinwald, 165th Infantry Brigade commander.

In addition to possessing at least a bachelor’s degree,



Photo by Chris Rasmussen

Heather Brunett, a certified athletic trainer assigned to 3rd Battalion, 60th Infantry Regiment, wraps a foot blister on Pfc. Ashley Powell, Company B, 3rd Bn., 60th Inf. Reg., July 30 at Training Area 18A.

often in athletic training, health, physical education or other related fields, athletic trainers must fulfill certification requirements established by the National Athletic Trainers’ Association Board of Certification, Inc. including a comprehensive examination on the following areas:

— Prevention of athletic injuries.

— Recognition, evaluation and immediate care of athletic injuries.

— Rehabilitation and reconditioning of athletic injuries.

— Health care administration.

— Professional development and responsibility.

Chris.Rasmussen@us.army.mil

Reserve unit brigade, battalion change commanders



Photos by Ashley Henry

Left: Col. Daniel Reid, 2nd Brigade (IET), 98th Training Division (IET) incoming commander, accepts the brigades’s colors from Brig. Gen. Robert Catalanotti, 98th Training Division (IET) commander, during a Change of Command ceremony Saturday at the MG Robert B. Solomon Center. Reid assumed command from Col. Karl Voigt who will deploy to Iraq.

Above: In an earlier ceremony, Lt. Col. Walter Witmer, 1st Battalion, 518th Infantry, 98th Division incoming commander, accepts the battalion’s colors from Voigt, during the battalion Change of Command. Witmer assumed command from Reid.

Customer Service Corner

Community FIRST is seeking 13- to 18-year-old volunteers to participate in an upcoming focus group, 2-4 p.m., Wednesday at the Plans, Analysis and Integration Office. At the conclusion of this focus group, the teen delegates will brief their issues and recommendations directly to the garrison commander.

This is an opportunity to meet new people, earn volunteer hours, gain skills in public speaking and teamwork and improve the services offered to teens on Fort Jackson.

Issues that have been surfaced during past Community FIRST Teen Focus Groups include:

- A class and advice column to enhance relationships between teens and parents.
- Mentoring programs so that teens could have positive role models.
- Enhanced marketing of programs and events held on the installation.
- Repairing and replacing Youth Center equipment.

Also coming is the Drill Sergeant Spouse's Focus Group from 8 a.m. to noon, Aug. 21 at the PAIO Conference Room. Child care will be provided for those who register in advance.

Community FIRST is looking for volunteers to work as fa-

cilitators, recorders, transcribers and issue support for all upcoming focus groups. Experience is not necessary; training will be provided.

Anyone interested in volunteering can call 751-3425.

All issues submitted through Community FIRST/AFAP can be viewed or new issues submitted through the Customer Management Services Web site. Submit issues whether it affects Fort Jackson or the entire Army; feedback is important.

Submit issues and recommendations online at <http://www.jackson.army.mil/WellBeing/wellbeing.htm>. Click on "Submit an Issue or Recommendation" or click on the AFAP Logo to submit an issue.

ICE Appreciation

The garrison congratulates the Installation Housing Office, specifically the Off-Post Housing Services Division, and the Directorate of Human Resources, specifically the Army Career Alumni Program. They have achieved a 4.93 and a 4.81 rating, respectively, in Employee/Staff Attitude out of a possible 5.0 for a 12-week period. This is an outstanding performance in customer satisfaction.

**A tip of the campaign
hat to this week's ...**

Drill Sergeants of the Cycle



**Sgt. 1st Class
Cindy Lisbon**
Company D,
3rd Battalion,
13th Infantry
Regiment



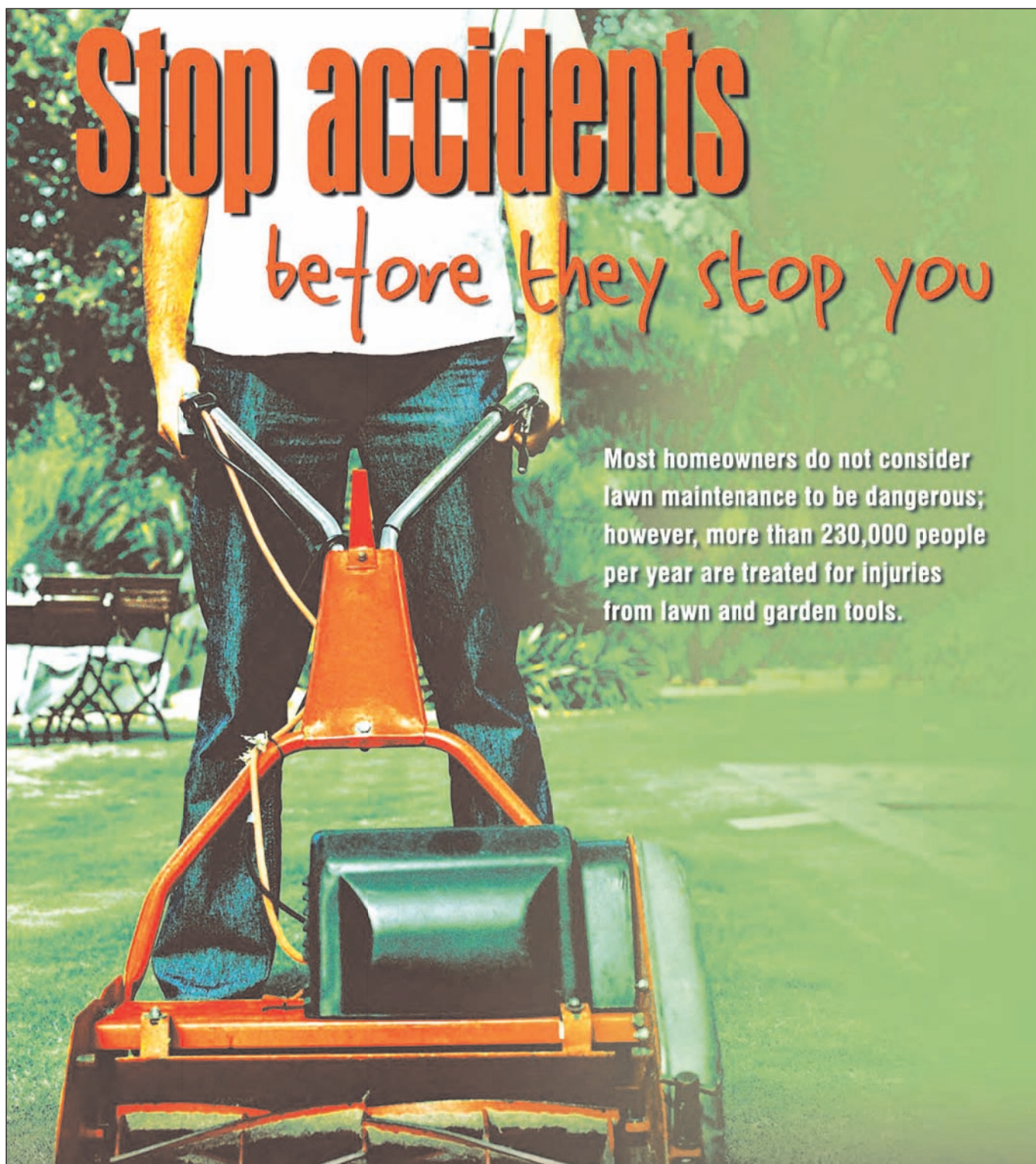
**Staff Sgt.
Wayne Scarpulla**
Company A,
2nd Battalion,
39th Infantry
Regiment



**Staff Sgt.
Wesley Davis**
Company B,
2nd Battalion,
39th Infantry
Regiment



**Sgt. 1st Class
Gabriel Lopez**
Company F,
2nd Battalion,
39th Infantry
Regiment



Seeking Stories

Soldiers

The *Leader* staff would like to talk to Soldiers who have attempted or considered suicide, or someone who has been affected by a Soldier's suicide or attempt. The article will be tastefully written and anonymity will be honored.

Share your story for Suicide Prevention Week in September — what led you to consider or attempt suicide, what got you through your difficult time and how you are holding — so that maybe your story can help someone else. Anyone interested in talking to the *Leader* staff about this article, call 751-7045 or e-mail fjleader@conus.army.mil.

ARMY NEWS

NCO Academy opens doors to Warriors in Transition

Elaine Wilson
Army News Service

FORT SAM HOUSTON, Texas — They've overcome the difficulties of life on the battlefield, long separations from loved ones and even brushes with death.

But despite severe injuries and months out of the physical training loop, seven wounded warriors are willingly taking on a new challenge — the Non Commissioned Officer Academy.

The Soldiers are the first Warriors in Transition to attend a class at the Army Medical Department NCO Academy here, marking another step toward the reintegration of wounded warriors back into the Army family.

"We knew it would be extremely challenging, but also an honor to take it on," said Sgt. 1st Class Thomas O'Dea, senior small group leader for the academy's Basic NCO Course. "We're pioneering something here that will make it easier in the future for other Warriors in Transition."

The wounded warriors are among the 65 Soldiers attending the three-week Stand Alone Common Core course, which is required for Army NCOs once they reach the E-5 or E-6 rank. The class includes interactive lessons in supervision, physical training, and drill and ceremony. The goal of the course is to instill Soldiers with the knowledge to successfully lead subordinates, O'Dea said.

"The standards are high, so the challenge has been how to integrate the Warriors in Transition so they can successfully meet those standards, taking into account their physical capabilities," he said.

The Soldiers are up before dawn for physical training, then on to a full day of



Photo by Elaine Wilson, Army News Service

Sgt. Kristopher Biggs (right, front) leads a formation of students during drill and ceremony practice while Staff Sgt. James Hood (right, back), academy instructor, evaluates his performance. Biggs is one of seven Warriors in Transition attending the Army Medical Department NCO Academy for the first time.

classroom instruction. Each hour, the Soldiers recite the NCO Creed and sing the Army Song, all part of cadre efforts to instill the importance of pride in service.

For the Warriors in Transition attending the course, they already provide evidence of that pride and selfless service with the wounds they bear. Unlike the other Soldiers, who are required to attend, the seven wounded warriors are volunteers eager to step away from hospital life for a short time.

One course student, Sgt. Kristopher Biggs, walks with a limp as he enters the classroom, a remnant of his encounter with a vehicle-borne improvised explosive de-

vice in Iraq. The explosion shattered just about every bone in his left leg. In recovery since December, Biggs said he is seeking a new purpose.

"I was combat arms before and can't do my job anymore," said Biggs, who plans to start college courses soon. "I thought this would be a good opportunity to get back into a learning environment and also help my Army career."

A full-time patient prior to the course, Biggs said it was also a way to find a new "agenda."

"At the hospital, I haven't really seen anything military since before I got injured," he said. "It's great to be back in the

productive Army."

Another student, Sgt. Rosangela Villarreal, does not bear any evident signs of injury, but still carries shrapnel in her right side. The nudges of pain are a nearly constant reminder of her run-in with an IED in Iraq in October 2006. But the pain does not prevent her from continuing her service. She was just cleared to return to duty as a military policeman, news that thrills Villarreal.

Villarreal said she's appreciative of every minute of the course, but particularly enjoys the morning runs.

"I haven't run in seven months," she said. "It's a great feeling to get back out there."

Like Biggs, Villarreal sees the advantage for her Army career. She's due to go in front of a promotion board next month and hopes for the best.

"This course is a way to get back into the NCO mode," she said. "When I get promoted, leadership should be a smooth transition."

Cadre members are observing closely and will integrate lessons learned into future classes with Warriors in Transition, O'Dea said. He's noticed so far that the other Soldiers are benefiting just as much as the wounded warriors.

"They have a multitude of experiences they can share with those Soldiers who have yet to deploy," he said. "The Warriors in Transition have life experience and can bring a different perspective to the table. They are living proof of the importance of leadership, which is exactly what we strive to teach."

The wounded warriors also bring an example of survival and human fortitude.

Army begins uniform modification for wounded warriors

Devon Hylander
Army News Service

WASHINGTON — The Army recently began a program that offers uniform modifications — at no cost to wounded Soldiers — through the Army and Air Force Exchange Service.

The Wounded Warrior Clothing Support Program officially began in May 2008 at Walter Reed Army Medical Center for Soldiers who have been injured in combat.

Wounded Soldiers can have their uniforms uniquely modified according to their injuries. This program not only makes the lives of injured Soldiers easier, officials said, but serves to restore a sense of pride and dignity they rightfully deserve when wearing their uniform.

One of the more common uniform modifications includes adding zippers to the seams of trousers and coat sleeves, giving a Soldier access to a prosthetic. Other modifications might include elastic blousing or Velcro closures on the bottom of trouser legs. Various modifications can be made to shirt sleeves and the knee area of trousers. Additional fabric can also be added inside the uniform where injuries are sensitive or prosthetics cause more wear and tear. Modifications

can be made to any Army uniform.

"This program is great because it takes care of our Soldiers," said Maj. Gen. Vincent Boles, assistant deputy chief of staff, Army G-4. "The team of individuals responsible for bringing this program to life saw a need and made it happen. Now our wounded warriors can wear their uniforms with pride, dignity and comfort."

Walter Reed and Brooke Army Medical Centers were chosen to be the first facilities to implement this program because they care for a large percentage of Soldiers injured in combat, officials said. Soldiers who receive treatment at other medical facilities can take advantage of the program through their local AAFES stores.

The process of getting a uniform modified is similar to filling a medical prescription, officials said. A Soldier will work with his or her occupational or physical therapist, who will write a prescription for the changes. This prescription is written on a Personal Clothing Request, DA Form 3078. It will specify the measurements and describe what types of modifications need to be made. The Soldier will then take this prescription and his or her uniform to an AAFES designated location to turn in the items. The modifications will be

made and the uniform returned within three to five days.

Through the program, Soldiers also have the opportunity to get commercial footwear designed specifically for prosthetics. The heel of a standard Army boot is too high for use with a prosthetic and causes amputees to lean forward. The custom boots this program provides minimizes that effect, allowing Soldiers to wear the full uniform as it is intended to be worn. Customized athletic shoes are also available.

Just like customizing their uniform, Soldiers need a prescription to obtain special footwear, and they also need their commander's signature on the prescription. The boots and athletic shoes can be purchased by either the medical facility or the local commander.

Several groups played a role in bringing this program to fruition, including the Army G-4, the Clothing and Services Office, AAFES, the Walter Reed Warrior Transition Brigade and the Walter Reed Garrison Clothing Issue Point. The Marine Corps' ideas and lessons learned from their Wounded Warrior support experience, as well as the selfless service of the non-profit organization "Sew Much Comfort" also played a role in the program's development for the Army.

Editor's Note: Devon Hylander writes for the Army G-4.

COMMUNITY HIGHLIGHTS

We need a loving home



Photos by Susanne Kappler and Ashley Henry

These pets need a home. A 4-month-old black female kitten; and dogs from left to right are 1-year-old male pitbull; 1-year-old male lab; 1-year-old male mixed breed. For information on these pets or other pets available for adoption, call the Veterinary Clinic at 751-7160.

This Week

Child Care Providers Needed

Registration for the Family Child Care training will be Friday. The classes will be from 8 a.m. to 4 p.m., Aug. 18-22 at 3392 Magruder Ave. This certification program is open to military spouses who live in government quarters and DSS certified off-post individuals. Call 751-6234 for more information.

Free Movie at the MG Robert B. Solomon Center

"Speed Racer" will be shown at 4 p.m., Saturday and "The Chronicles Of Narnia, Prince Caspian" will be shown at 4 p.m., Aug. 10 at the MG Robert B. Solomon Center. The movies are free and concessions will be available to purchase. Guests should bring chairs, blankets and pillows.

Colgate Dental Van

The Colgate Dental Van will visit the Fort Jackson Commissary from 11 a.m. to 4 p.m., Saturday. Children's dental screenings and oral prevention will be provided.

Effective Discipline for Teens

An Effective Discipline for Teens workshop is set for 6:30 p.m., Tuesday at the Joe E. Mann Conference Room. For more information, call 553-0167.

H&R Block Military Spouse Training

There will be an H&R Block Military

Spouse Training 9-11:30 a.m., Wednesday at the Education Center, Room B-206. For more information, call 751-4862/6325.

Retired Officers Wives Club

The Retired Officers Wives Club will have a Welcome Coffee at 10 a.m., Wednesday at the Fort Jackson Officers' Club. New members are welcome.

Story Time Play Group

There will be a Story Time Play Group at 10:30 a.m., Wednesday at the Southeast Branch Library at 721 Garners Ferry Road, Columbia. For more information, call 751-4862/6325.

Successful Interviewing and Salary Negotiations

A Successful Interviewing and Salary Negotiations workshop will take place 1-3:30 p.m., Wednesday at the Education Center, Room B-206. For more information, call 751-4862/6325.

Phase II LEVY Briefing

A Phase II LEVY Briefing will take place 2:30-3:30 p.m., Wednesday at the Strom Thurmond Building. For more information, call 751-4862/6325.

Upcoming

Personal Financial Readiness

There will be a Personal Financial readiness seminar 8:30-10:30 a.m., Aug.

14 at the Education Center, Room B-302. For more information, call 751-4862/6325.

ISFAC Meeting

An Inter-Service Family Assistance Committee meeting is set for 9 a.m. to 12:30 p.m., Aug. 14 in Camden. For more information, call 751-4862/6325.

AIFSN Training

An AIFSN Training will be conducted from 9 a.m. to 4 p.m. Aug. 18 and 19 at Dozier Hall. For more information, call 751-4862/6325.

Legion Pool Play Group

A play group is set for 11 a.m. Aug. 18 at Legion Pool, by the Officers' Club. For more information, call 751-4862/6325.

Exceptional Family Member Program Autism Support Group

There will be an EFMP Autism Support Group meeting 5-7 p.m., Aug. 19 at the Soldier Family Assistance Center, 2447 Bragg St. For more information, call 751-4862/6325.

Consumer Rights and Obligations

A Consumer Rights and Obligations class will be 8:30-10:30 a.m., Aug. 19 at the Education Center, B-302. For more information, call 751-4862/6325.

Financial Readiness for First Termers

A Financial Readiness for First Termers will be 8:30-10:30 a.m., Aug. 20 at the Education Center, Room B-203. For more information, call 751-4862/6325.

Drill Sergeant Spouse's Focus Group

A focus group for Drill Sgt. spouse's will be at 8 a.m., Aug. 21 in the PAIO Conference Room. Volunteers are needed, and free child care is available. For more information or to register, call 751-3425.

1st Bn., 13th Inf. Reg. Change of Command

The 1st Battalion, 13th Infantry Regiment will have a Change of Command ceremony at 9 a.m., Aug. 26 at the 193rd Infantry Brigade headquarters. Lt. Col. Kevin Cooney will relinquish command to Lt. Col. John Calahan.

WorkKeys Assessment

A free WorkKeys Assessment test will be given 9-11 a.m. Sept. 9, from 8:30 a.m. to 4 p.m., Sept. 16 and 23 and from 9 a.m. to noon, Sept. 24. The test enhances a resume and demonstrates skill potential to employers.

These dates will include instructional activities, classes and the assessment. Participants must attend all dates. Free child care is available to military families who register by Aug. 10. All candidates must preregister by calling 751-5452.

Announcements

'Clothes for Kids' Campaign

The fifth annual "Clothes for Kids" program will run until Sunday at Columbia Place. During this campaign, Salvation Army volunteers will collect new school clothes for less fortunate children. For more information, visit www.shopcolumbiaplace.com

Sustainable Interiors Showcase Green Furniture Tour

The open house tour for Fort Jackson's Sustainable Interiors Showcase "environmentally friendly" furniture will be held Tuesday. Two tours are offered.

The first is from 11:30 a.m. to 12:30 p.m., and the second is 12:30-1:30 p.m. The offices are located in the Strom Thurmond Building, Rooms 200, 245 and 246. To schedule a tour or for more information, call 799-6502.

Fire Hydrant Maintenance

Fire hydrants are being replaced, painted and repaired around post. The hydrants are to be painted in compliance with the National Fire Protection Association codes and are only to be painted designated colors. Units are asked to not paint fire hydrants, the contractor will be performing this task. For more information, call 751-1611/1610.

120th AG Bn. FRG Fundraiser

The 120th Adjutant General Battalion (Reception) Family Readiness Group is holding a fundraiser to support its end of the summer family event. A deluxe spa package will be raffled. Raffle tickets can be purchased until Aug. 15, for a minimum donation of \$3, at 1895 Washington Road. For more information, call 751-5994/5551.

Pierce Terrace Elementary School Registration

Registration at Pierce Terrace Elementary School will be from 8:30 a.m. to 3:30 p.m. daily at the school.

Pre-K students must be 4 years old and kindergarten students must be 5 years old on or before Sept. 1 to be eligible for enrollment. For more information, call 751-1772, stop by the school office or visit www.am.dodea.edu/jackson/fjpt/index.htm

Absentee Voting

Absentee voters can exercise their right to vote by completing the Federal Post

'State of the Garrison' postponed

The garrison commander's State of the Garrison address set for Aug. 19-20 has been postponed. The new date has not yet been set.

Have a Community Announcement?

Community submissions to the Leader should be typed, no more than 45 words, and should include: who (is affected or involved), what (it is), when (it occurs including time and date), where (it is taking place), and a why if necessary. They must be submitted to the Leader by noon, Monday. The Leader reserves the right to edit announcements for style, grammar and to fit the space. To submit an announcement to the Leader, e-mail it to FJLeader@conus.army.mil

COMMUNITY HIGHLIGHTS

Yard of the Month



Photo By Chris Rasmussen

Col. Lillian Dixon, garrison commander, presents Megan Byrd with a certificate of appreciate Friday for having the Howie Village Yard of the Month. Byrd is the wife of Capt. Jason Byrd, 193rd Infantry Brigade S-3 clerk. Also pictured, left, is Command Sgt. Maj. Lewis Kellam, garrison command sergeant major, and Karly Byrd, 2.

Card Application (FPCA Standard Form 76) or complying with the ballot request procedures enacted by the state in which they vote. After mailing in the application, the voter will receive his or her absentee ballot. Mailing guidelines differ from state to state. For more information, contact your Unit Voting Assistance Officer or visit www.vote.army.mil.

After School Program in Your Neighborhood

The Boys and Girls Club of the Midlands has partnered with Army Child and Youth Services to provide after-school care, summer camp and before-school care in off-post neighborhoods. For more information, visit www.bcgmidlands.org or call, 231-3300.

Free After School Program for Middle School Students

The Boys and Girls Club of the Midlands will offer free after-school programs for middle-school students. Transportation home is available for \$10 a week. All Army youth and dependents of Army civilian employees are eligible.

For more information, site locations and pre-registration, visit www.bgcmidland.org or call 231-3300.

Gun Locks Available

Free gun locks are available while supply lasts from the Installation Safety Office at 3290 Forney St. or from the Directorate of Emergency Services at 5499. The locks can be picked up between 7:30 a.m. and 4:30 p.m.

Library Closed

Thomas Lee Hall Library will be closed until Friday while new carpet is installed. Patrons can out-process at the Joe E. Mann Center, Room B-06.

Employment Assistance

For help contacting the Employment Readiness man-

ager at your new installation, call Fort Jackson Employment Readiness at 751-5452.

Yard of the Month Nominations

Housing representatives will be canvassing each housing area looking for nominees for Yard of the Month. Criteria for selection include general appearance of the lawn, flowers and shrubs. The winning families will receive a Certificate of Appreciation and prizes.

Recurring Meetings

Weekly

Walking Away Stress meets at 9 a.m., Mondays and Fridays at the pecan orchard near the post office on Early Street. For a walking log or more information, call 751-6325.

Play Group meets 10-11:30 a.m., Mondays at 5953C Parker Lane. For more information, call 751-5256/6325.

Range Control Briefing is held at 1 p.m., Mondays and Fridays at the Education Center, Room 302. For more information, call 751-7171.

Helping Everyone Reach Optimum Strength meets 5-6 p.m., Tuesdays at Moncrief Army Community Hospital, seventh floor. It is open to combat veterans and their family members. For more information, call 751-2160/2183.

Medical Board Office is closed from 7:30 a.m. until 1 p.m., every Thursday. For information, call 751-0359/7152/7318.

Protestant Women of the Chapel meet Thursdays from 9:30 a.m. to 12:30 p.m. at the Main Post Chapel. Homeschoolers are welcome and evening studies are available. Free child care is available. For information, e-mail pwocjackson@yahoo.com.

Overseas Travel Clinic is held from 8:30 a.m. to noon, Fridays. For more information, call 751-5151.

Military Widows/Widowers Association meets at 2 p.m., Sundays at Moncrief Army Community Hospital, eighth floor. For more information, call 787-2469.

Monthly

The Ladies Auxiliary meets at 3 p.m., the second Sunday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

Civil Air Patrol meets at 6:30 p.m., the first Monday of the month at Columbia's downtown airport, Owens Field, main conference room. For more information, e-mail tom.alsup@gmail.com or visit online at www.scwg.cap.gov.

Seabees meet at 7 p.m., the second Monday of the month at the West Metro Chamber of Commerce and Visitors Center. Call 755-7792, 736-0841 or 755-0300 for more information.

Veterans of Foreign Wars meet at 7:30 p.m., the second Monday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

Fort Jackson Enlisted Spouses' Association meets at 6:30 p.m., the third Monday of each month at

5942E Thomas Court. For more information, call 665-4170 or e-mail esa2005ff@yahoo.com.

Sergeant Audie Murphy Club meets at 11:30 a.m., the first Tuesday of the month at the Post Conference Room www.jackson.army.mil/360/SAMC/home.htm.

American Legion Post #182 meets at 7 p.m., the first Tuesday of the month at the Officers' Club. For information, call 351-2333.

Weight Loss Surgery Support Group meets at 6 p.m., the second Tuesday of the month in the Moncrief Army Community Hospital eighth-floor day room. For more information, call 751-0392.

Disabled American Veterans meet 6 p.m., the second Tuesday of the month at 511 Violet St., West Columbia. For information, call 796-7122.

Fleet Reserve Association Unit 202 meets at 1 p.m., the third Tuesday of the month at 2620 Lee Road. Call 482-4456 for information.

Purple Heart #402 meets at 7 p.m., the fourth Tuesday of the month at the American Legion Post #6 on Pickens Street. For information, call 351-2333.

American Red Cross new adult volunteers orientation is the third Wednesday of the month from 9 a.m. to noon at building 2179 on Sumter Avenue. For more information, call 571-4329.

"Victory Riders" Motorcycle Club meets at 5 p.m., the first and third Thursdays of the month at Magraders Club. For information, e-mail sec@ffvictoryriders.com.

Society of American Military Engineers meets 11:30 a.m., the fourth Thursday of the month. For information, call 254-0518 or 765-0320.

Diabetes Support Group meets at 6 p.m., the last Thursday of the month in the Moncrief Army Community Hospital fourth floor dining facility. For information or to register, call 751-2501.

MEDPROS training will be held 1-4 p.m., the third Friday of the month, at the hospital, Room 9-83. For more information or to register, e-mail Jaclynne.Smith@amedd.army.mil.

Retired Enlisted Association meets at 5:30 p.m., the third Friday of the month at the hospital, third floor. For information, call 740-2319 or e-mail jrodgers11@sc.rr.com.

92nd Buffalo Chapter 20 DAV meets at 11 a.m., the third Saturday of the month, except July and August, at the DAV Headquarters 511 Violet St., West Columbia. For information, call 260-1067.

U.S. Navy Sea Cadets, for 11-18 year olds, meet the third weekend of the month. For information call 622-8707.

To submit a recurring meeting, e-mail the name of the group, when and where the meeting takes place and contact information to fjleader@conus.army.mil.

Fire Alarm Warning

If occupants of a building notice a malfunction in the fire alarm system, it should be reported immediately by calling 751-4142/7217. No one should work on a fire alarm system except authorized personnel. Tampering with a fire alarm system, a violation of Fort Jackson Regulation 420-90 and South Carolina law, is punishable under the Uniformed Code of Military Justice. For more information, call 751-1610.

Fort Jackson Inn construction is under way

Theresa O'Hagan

Morale, Welfare and Recreation

The ground is being prepared and construction will begin soon on a new 209-room hotel, The Fort Jackson Inn.

"With increased class loads at the Recruiting and Retention School, NCO Academy and many other surges, we have maxed out the 1,266 beds we currently have," said Rivers Mangum, chief, Fort Jackson Lodging. "Kennedy Hall, Dozier Hall and Anderson are all single person rooms. Magruder Transient Area is two people to a room."

The new hotel will feature 100 standard single-occupancy rooms, nine extended-stay rooms and 100 suites. All rooms will be equipped with microwaves, refrigerators and a cook top.

"This new hotel will take us closer to the standards of hospitality and service we want to provide," Mangum said.

The hotel will be completed in stages and involves the team effort of Family and



Courtesy Photo

Hayley Martin, chief engineer, U.S. Army Corps of Engineers, discusses the progress with Sam Morton, Palmetto Site and Asphalt. Morton is leading the work on site preparation and drainage.

Morale, Welfare and Recreation's Army Lodging, the Army Corps of Engineers and McKnight Construction.

The new hotel will be four stories high. The exterior will be brick and stucco. The Fort Jackson Inn will be located close to

the Soldier Support Institute, U.S. Army Chaplain Center and School, The Defense Academy for Credibility Assessment and the future Drill Sergeant School.

"It will create more of a campus atmosphere," said Larry Brantzeg, facilities maintenance superintendent.

The hotel was designed to blend with the existing architecture of the structures around it.

From the project's start, going green has been a priority.

"When the trees were removed to make space for the construction, they were all turned to mulch and 400 cubic feet of mulch was taken to the mulch site," Brantzeg said. He then points to a mountain of mulch that will be used during the landscaping phase.

"Of course all the lights will be energy efficient as well as all the appliances," he said.

FMWR expects the hotel to be complete in the early part of 2010.



Today

Southern Style Lunch Buffet, from 11 a.m. to 2 p.m. at the Officers' Club. The buffet is open to the public.

Visit **Century Lanes** for food, fun and bowling.

Magruder's Pub is open for lunch for family members from noon to 4 p.m., Thursdays.

There will be an **AER Commander's and First Sergeants. Referral Training** 9-10:30 a.m. at the Education Center, Room B-302.

Friday

Play **Victory Bingo** and win prizes up to \$15,000. There are guaranteed \$50 payouts.

Artistic Expression with Jake begins at 6:30 p.m. at the Youth Center Teen Room.

Dance to a variety of music provided by DJ Randall at **Magruder's Club** from 9 p.m. to 3 a.m. The club is located in the back of Magruder's Pub and the cover charge is \$3 for military and \$5 for civilians.

Family Golf Night begins at 5 p.m. at the Fort Jackson Golf Club. Cost is \$5 per family and includes free pizza at the clubhouse.

Saturday

Step Team practice begins at 2 p.m. at the Youth

Center Dance Room.

The NCO Club presents **Classic Soul Saturday** from 9:30 p.m. to 2 a.m. in the Excalibur Room. The cover charge is \$3 for military and \$5 for civilians. Live broadcasts from the BIG DM 101.3 with giveaways will be held 9:30-11 p.m.

Sunday

Come to **brunch** from 11 a.m. to 2 p.m. at the Officers' Club.

Enjoy **Family Day at the Youth Center**, 2-6 p.m.

There will be a **Parent/Junior Tournament** at 1 p.m. at the Fort Jackson Golf Club.

Monday

The NCO Club presents a **full lunch buffet**, featuring fried chicken or fish, fresh vegetables, a full salad bar, soup, assorted desserts and a beverage from 11 a.m. to 1:15 p.m. for \$7.

There will be a **Ballroom Dancing Class** 6-7:15 p.m. at the Joe E. Mann Ballroom.

There will be a **youth Tennis Camp** for ages 11-18, 10-11 a.m. at the Semmes Tennis Court. The camp will run through Friday.

Tuesday

Movie Night begins at 6 p.m. at the Youth Center in the Teen Room.

Enjoy **free movies** every Tuesday at Magruder's Pub.

Wednesday

Be a sensation with **Karaoke with Tom Marable** at **Magruder's Club** at 7:30 p.m. Cover charge is \$3 for military and \$5 for civilians.

The **Adopt-A-School Reception** will be 1-2:30 p.m. at the Post Conference Room.

It is **Guest Day at the Fort Jackson Golf Club**. Free lessons on the range begin at 5 p.m.

There will be a **Phase II LEVY briefing** at 2:30 p.m. at the Strom Thurmond Building.

Ongoing Offers

- The **NCO Club lunch buffet** is served from 11 a.m. to 1:15 p.m., daily. The cost is \$7 for adults and \$3.75 for children.

- The **NCO Club breakfast** is served 6-9 a.m., Monday through Friday. The cost for adults is \$7 and \$3.75 for children 4-10 years old.

- The **Officers' Club specializes in catering** wedding receptions, anniversaries, promotions and other special occasions.

- The **NCO Club caters** to all your needs: dining in, dining out, promotions, breakfasts, meetings, birthdays, weddings, graduation, retirements and other special occasions.

- **Victory Travel** has special offers for a variety of dinner shows and attractions. Some require reservations. For more information, visit Victory Travel in the MG Robert B. Solomon Center.

CHALKBOARD

‘Supporting your child’s success’

Ruth Russell

Army School Liaison Services

Have you heard about Individual Education Plans and wondered what they were and if your child needed one? Have you wondered about the evaluation process that determines your child’s IEP eligibility or how you can best advocate for your child that has an IEP? Have you been confused by the difference between an IEP and a 504 plan?

Well, you are in luck; there will be a special presentation made by the Protection and Advocacy agency at 10 a.m., Aug. 16, at Moncrief Army Community Hospital during the “Supporting Your Child’s Success” event.

This presentation will answer questions parents have about IEPs. There will be an opportunity to quiz professionals and get help in finding the way through the special-needs maze.

Other presentations will be ongoing between 8:30 a.m. and 3 p.m. on such topics as the Exceptional Family Member Program Respite Care, help for babies and toddlers with developmental delays, TRICARE for special needs children, organizing special needs records and more. School physicals will be available without appointments as well. Contact the school liaison officer for more information.

Once you have had a chance to meet and speak with Protection and Advocacy, you may want to study even more about the rights of special-needs students.

A Web based training about the Individuals with Disabilities Act is available free to parents at

<http://www.parentideaguide.com/code/>.

The training includes the following six modules:

— **Important Information about Special Education (The Law)**

This module provides basic information about the laws that guide special education.

— **Preparing for an IEP**

This module provides information about the IEP meeting, who will be there and how parents can prepare for the meeting.

— **IEP Etiquette**

This module provides tips and strategies to make IEP meetings friendlier and more productive.

— **Assessment**

This module provides information about assessments, assessment reports and what a parent can do if he or she does not agree with an assessment.

— **Strategies for Success**

This module provides tips and ideas for working with your child, the teacher, the school and taking care of yourself.

— **Having a Problem?**

This module provides information on available options for parents who are having a problem. It includes information on what to do and who can help.

To access the Web based training, go to www.parentideaguide.com.

To get questions answered in person, come to MACH Aug. 16. For more information, call 751-6150.

Military Family Orientation

Ruth Russell

Army School Liaison Services

Richland Northeast High School will have its second annual open house and reception for new military families Aug. 14.

For RNE principal Ralph Schmidt, the event is a natural for the school, which has a large number of Fort Jackson students.

“For many of them, RNE is just the latest in a series of schools and that making yet another transition is not easy,” he said. “In addition, we have military students coming in as juniors and seniors. Between worrying about transcripts and new graduation requirements and transferring credits, it’s a very stressful time.”

Nearly two dozen administrators and teachers will attend, along with members of the JROTC, student government and other student volunteers. The format will be similar to last summer’s open house.

“Last year, everyone got a chance to mingle and talk to each other,” Schmidt recalled. “I think we went a long way toward making people feel comfortable. But for me the best part of the evening was taking all the parents on a tour of the school. We got to talk, and I came away more aware of their concerns. I think they came away feeling a lot more relaxed about school.”

This year’s open house and reception is set for 5:30-6:30 p.m. in the RNE Media Center. For more information, call 751-6150 or info@rn timerichland2.org.



Fort Jackson Schools

Meet the Teacher will take place at Pierce Terrace Elementary School 1-1:45 p.m., Aug. 20 and at C.C. Pinckney Elementary School 2-2:45 p.m.

The **first day of school** will be Aug. 21 for Grades 1-6, and Aug. 25 for pre-K and kindergarten.

Registration at Pierce Terrace Elementary School for Pre-K and kindergarten is from 8:30 a.m. to 3:30 p.m., Monday- Friday. Children must be 4-years-old for Pre-K and 5-years-old for kindergarten. For information about registration, call 782-1772.

Richland District One

There will be a **school board meeting** 7 p.m., today at the district office. Parents are welcome.

Students go **back to school** Aug. 18.

Richland District Two

Richland Northeast High School **military family school orientation** will be 5:30-6:30 p.m., Aug. 14.

The **first day of school** will be Aug. 21.

Dent Middle School Civil Air Patrol is asking for **old BDUs/ACUs** for its program. Call 699-2750 ext. 72007 for more information.

Fort Jackson Homeschoolers

A get-together for home-schooled students is planned for 11 a.m., Tuesdays for various activities. For more information, call 419-0760.

Adopt-A-School

There will be an **Adopt-A-School kick off reception** at 1 p.m., Wednesday at the Joe E. Mann Building. Units or companies who want to participate should plan on sending one representative and should RSVP to Ruth.C.Russell@us.army.mil.

College

The South Carolina Commission on Higher Education has launched a **col-**

lege information hotline for students and families. For up-to-date college information, call (877) 349-7183, 5:30-8:30 p.m., Tuesdays-Thursdays.

Announcements

Moncrief Army Hospital will be the site of “**Supporting Your Child’s Success**” school physicals from 8:30 a.m. to 3 p.m., Aug. 16. No appointment is necessary.

Free **interactive video SAT/ACT prep course** for military dependents. Visit online at sat.eknowledge.com/military.asp for more information.

For information on **SKIES** classes, call 751-6777/3053.

Adopt-a-School is a program that encourages Soldiers to volunteer in local schools. Units or individual Soldiers may complete volunteer activities at schools on a one-time or a regular basis, with supervisory approval for use of mission time.

Editor’s Note: For more information on Army School Liaison Services, call 751-6150 or e-mail Ruth.C.Russell@us.army.mil.

FIRST RESPONDER



The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Lt. Col. Ronald F. Taylor

Director, Emergency Services/Provost Marshal

Sgt. Maj. Allen Taylor Jr.

Provost Sergeant Major

Billy Forrester

Fire Chief

Cases of the Week

A driver was charged with making a false bomb threat while trying to enter the installation. She had told a guard at Gate 4 that there was a bomb under the hood of her car and then said it was a joke, Military Police said. The guard contacted MPs, who set up a perimeter. The Explosive Ordnance Disposal squad searched and cleared the vehicle.

A civilian employee was charged with

possession of marijuana. A gate guard noticed a plastic bag containing a green leafy substance while performing a routine inspection of the civilian’s car. MPs conducted a chemical test and the substance tested positive for THC, a main ingredient in marijuana.

Tip of the Week

- To prevent cooking fires:
- Always stay in the kitchen while cooking.
 - Keep things that can burn, such as dish towels, paper or plastic bags and curtains at least 3 feet away from the range top.
 - Before cooking, roll up the sleeves of clothing and use oven mitts. Loose-fitting clothes can touch a hot burner and catch fire.
 - Never leave barbecue grills unattended while in use.



SPORTS/FITNESS

'Forty Rounds' sees turnaround

Susanne Kappler
Leader Staff

As the competition during summer league basketball on Fort Jackson heats up, one team is showing vast improvement following a dismal season.

Last season, the 2nd Battalion, 13th Infantry Regiment basketball team won one game, finishing with the worst record in the league, although the scores were close in a few of the losses.

This year, the team is bouncing back and has a 4-5 record halfway through the season.

"Last year, we were short on personnel, (we had) five guys or six guys a game," said Derrick Brown, 2-13 coach and scoring leader. "Our team wasn't tall, we didn't have the height. "This year, we added some key personnel. We stepped up this season."

But the team did not just add depth to its roster; it is also balanced.

"We have a lot of role players this time," said Jamie Smith, the team's center. "We have players at each position, last year we just had a lot of guards. The cohesion of the team is better."

The season started strong with a 60-42 victory over the Swampfoxes, followed by a win over 2nd Battalion, 39th Infantry Regiment, 30-24.

"After the first two games we played together, we knew that we could all play (like a team)," Smith said.

Jamal Woods, forward and guard, agrees that the team's unity is the biggest difference this season.



Photo by Susanne Kappler

Jamal Woods, left, and Derrick Brown, right, go one-on-one before Tuesday night's game against the Soldier Support Institute.

"We play as a team now, last year it was all about (individuals), but now we play as a team. We play with chemistry," Woods said.

The winning streak did not last, but 2-13's five losses were by average of only 4.4 points.

"The last couple of games we had the lead going into the half," explained Twain McBryde, one of the newcomers on the team. "I guess we just let up at the end and let them come back. As long as we play hard we might compete. We don't give up easily."

Bryan Davis, who scored a team-high 20 points in a loss against the 187th Ordnance Battalion July 17, said that one of the team's best attributes is its fighting spirit.

"We're not giving up on ourselves anymore," he said. "We're finishing the games ... whether we win or lose."

How far 2-13 can go this season remains to be seen.

"We're going to win it all, hopefully," Davis said. "That would be the story of the season, wouldn't it?"

Susanne.Kappler1@us.army.mil

Sports Briefs

Ultimate Frisbee

An Ultimate Frisbee program will start in September. For more information, call 751-3096.

Children's Soccer Camp

Registrations for smart start soccer camp are being accepted for children 3-5 years old. The camp is set for 8:30-9:15 a.m., Aug. 5-7. The cost is \$20 per child. For more information, call 751-5040, or to register, call 751-4865.

Youth Sports Tennis Clinic

Registrations for a Youth Sports Tennis Clinic are being accepted for youth 7-18 years old. The camp is set for 9-10 a.m., for youth ages 7-10; and 10-11 a.m., for ages 11-18. Aug. 11-15. The cost is \$20 per child. For more information, call 751-5040, or to register, call 751-4865.

**For youth sports,
call 751-5610/5040;
For golf information,
call 787-4437/4344;
For sports information,
call 751-3096.**

Fighting obesity epidemic through instilled Army values

COMMENTARY

Maj. Thomas Hundley
Moncrief Army Community Hospital

My 15 years in the Army have given me an opportunity to serve with some of the most talented leaders in the world. But the one thing that I admire most about the Army is its constant emphasis on the Army values.

The one Army value that always seems to challenge me the most is that of personal courage. As I reflect on my career, I clearly see where I have been placed in situations that allowed me to test and strengthen my courage.

The Biblical tale of David and Goliath (Samuel 1:17) is one of the most profound illustrations of personal courage. How many of us 5-foot-8, 175-pound Soldiers would have personally volunteered to go fight a 9-foot giant? I can hear the excuses from people now: "You see, what had happened was, I twisted my ankle the other day, and I'm on profile!" or, "Oh, I just remembered that I was planning on having an emergency surgery that day."

I often wonder what my response would have been if my commander had asked me to face the giant. "Naw dawg! You must be out of your ever-loving mind if you think I'm gonna go fight some giant with a doggone sling shot and some rocks. You must be crazy ... sir!" I guess

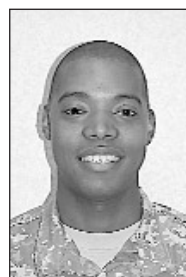
my personal courage is still a work in progress. But that's just me. Today, we find ourselves in a collective and personal battle against another giant problem: Obesity.

Even though our military affiliation requires us to remain physically fit, we are not immune to this epidemic. This epidemic has manifested its way into the lives and homes of our dependents. We now face our very own personal courage situation. As you read these examples, think of how you can use these same themes to enhance your physical and nutritional life.

Be Army Strong

The key to success in any battle is preparation. Before going into battle with Goliath, David had already mentally and physically prepared himself through a series of practice situations. God placed him in a practice situation where he was forced to defend his flock against a lion and a bear.

These situations not only gave David the personal courage to face Goliath, but it also gave him the personal assurance that he was prepared for the task. We too must develop our physical and mental strengths. Daily exercise and meditation are just two ways we can prepare ourselves for the obesity battle.



Maj. Thomas Hundley

Army of One

Sometimes we find ourselves in situations in which we must conquer our fears alone. Obesity is a problem that can force you to feel alone. This is an opportunity for you to develop your "personal" courage. David understood that facing Goliath was a one-man mission. In the Bible, David specifically asked, "What will be done for the man who kills him (Goliath)?" He didn't inquire about the compensation for the Army that kills him, the platoon that kills them, or the dynamic duo that kills him. David went into battle as an Army of one. Don't be afraid of situations you have to face alone.

Be All That You Can Be

There are a 101 ways you can go about fighting obesity. But the one that will work for you is the one that best exemplifies who you are. Simply put, you need to be yourself. In the story of David and Goliath, Saul tried to dress David in unfamiliar clothing and arm him with unfamiliar weapons. David kindly declined Saul's armor and weapons because they felt uncomfortable. David basically told Saul, "Thanks Saul, but this ain't me." As you go about your battle against obesity, remember to be yourself. You are so unique that there is only one like you in the world.

Author's Note: If you have a burning question or comment that you want addressed related to health and fitness, e-mail Thomas.Hundley@amedd.army.mil.